Addiction and STIGMA

How does stigma affect people who use opioids?

- Major impact on the quality of life of people who use drug, people who are in recovery, and their friends and families.
- Creates barriers to accessing health and social services for substance use.
- Makes people feel ashamed of their drug use preventing them from receiving help if they need or want it.
- Sadly, this often leads people to use drugs alone, which can in turn lead to overdosing and dying alone.

Q: Will providing naloxone send the message that we condone drug use?

A: Providing naloxone will send the message that you value the person and care whether they live or die. This can be powerful and affirming, and can build a relationship of trust that can lead to other positive changes.

Q: Will the police arrest me for giving naloxone and calling for help? This scares me.

A: The <u>Good Samaritan Drug Overdose Act</u> provides some legal protection for people who experience or witness an overdose and call 911 or their local emergency number for help.

Q: I thought THN was only for people who misuse opioids?

A: Naloxone should be considered for "risky drugs" and not just "risky people". Anyone who consumes opioids (prescribed or not) is at risk of having an adverse reaction like slowed breathing and overdose. Being prepared is key.